

Dr. Sheela Kumari .S, M.Sc., M.Phil., Ph.D.

Dr. Sheela Kumari holds a Ph.D. from Jiwaji University, Gwalior and has co-authored two books in Physical Education for the students of B.A. (Programme) of University of Delhi on the Application Course "Fitness, Aerobics and Gym Operations". She was also the Editor of course material developed for the Application course by the Department of Physical Education, University of Delhi. She has also contributed in the development of curriculum for post graduate course in Physical Education. Dr. Sheela Kumari worked as Deputy Director General, Sports, in the XIX Commonwealth Games 2010. An alumna of Gargi College herself, her areas of interest are Sports Anatomy and Physiology as well as Sports Biomechanics and Volleyball.